



## *SOAP Process for Fellowship Groups*

**SOAP** (**S**cripture, **O**bservation, **A**pplication, **P**rayer) is a structured method of helping individuals and groups to process, journal, reflect on, and apply God's Word to their personal lives.

# SONGS OF SUMMER #1 | THE SECRET TO HAPPINESS | JUNE 2, 2019

**SCRIPTURE:** Read out loud the assigned passage(s) of Scripture two times. Allow God's Words to settle deeply into your heart and mind.

**Psalms 1:** <sup>1</sup>Blessed is the one who does not walk in step with the wicked or stand in the way that sinners take or sit in the company of mockers, <sup>2</sup>but whose delight is in the law of the Lord, and who meditates on His law day and night. <sup>3</sup>That person is like a tree planted by streams of water, which yields its fruit in season and whose leaf does not wither—whatever they do prospers. <sup>4</sup>Not so the wicked! They are like chaff that the wind blows away. <sup>5</sup>Therefore the wicked will not stand in the judgment, nor sinners in the assembly of the righteous. <sup>6</sup>For the Lord watches over the way of the righteous, but the way of the wicked leads to destruction.

**OBSERVATION:** Observe the text individually in silence. Write down your insights. Ask the Holy Spirit to teach you and reveal truth to you.

Write down as many observations as you can about the passage(s).

- What jumps out to you in the passage?
- Who is it written by? Who is it written to?
- What's one thing you didn't notice before?
- What seems interesting or unusual?
- What comes before and after the text?
- Is there repetition, comparison, or contrast?

**APPLICATION |** Discuss the observations that each of you made and talk about how to apply the teaching to your everyday lives.

What concrete steps will you take to delight in God's Word?

**PRAYER |** Close with prayer.

Ask God to give you the desire to read God's Word and delight in it.

**NOTES**

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