

# SOAP Process for Fellowship Groups

**SOAP** (Scripture, Observation, Application, Prayer) is a structured method of helping individuals and groups to process, journal, reflect on, and apply God's Word to their personal lives.

# SONGS OF SUMMER #2 | REMIXING YOUR MORNING JUNE 9, 2019

SCRIPTURE: Read out loud the assigned passage(s) of Scripture two times. Allow God's Words to settle deeply into your heart and mind.

**Psalm 5**: ¹Listen to my words, Lord, consider my lament. ²Hear my cry for help, my King and my God, for to You I pray. ³In the morning, Lord, You hear my voice; in the morning I lay my requests before You and wait expectantly. ⁴For You are not a God who is pleased with wickedness; with You, evil people are not welcome. ⁵The arrogant cannot stand in Your presence. You hate all who do wrong; ⁶You destroy those who tell lies. The bloodthirsty and deceitful You, Lord, detest. ¹But I, by Your great love, can come into Your house; in reverence I bow down toward Your holy temple. ³Lead me, Lord, in Your righteousness because of my enemies—make Your way straight before me. ³Not a word from their mouth can be trusted; their heart is filled with malice. Their throat is an open grave; with their tongues they tell lies. ¹¹Declare them guilty, O God! Let their intrigues be their downfall. Banish them for their many sins, for they have rebelled against You. ¹¹But let all who take refuge in You be glad; let them ever sing for joy. Spread Your protection over them, that those who love Your name may rejoice in You. ¹²Surely, Lord, You bless the righteous; You surround them with Your favor as with a shield.

## OBSERVATION: Observe the text individually in silence. Write down your insights. Ask the Holy Spirit to teach you and reveal truth to you.

Write down as many observations as you can about the passage(s).

- What jumps out to you in the passage?
- Who is it written by? Who is it written to?
- What's one thing you didn't notice before?
- What seems interesting or unusual?
- What comes before and after the text?
- Is there repetition, comparison, or contrast?

## APPLICATION | Discuss the observations that each of you made and talk about how to apply the teaching to your everyday lives.

What do you need to do in order to go to God, give your requests to Him, and get excited for Him each morning?

## PRAYER | Close with prayer.

Ask God to give you the desire to spend time with Him in the morning.